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Counselor in Training (CIT) Program

Our Counselor in Training program focuses on developing strong leaders through discussion, observation and supervised child interaction. This is a program for 14 and 15 year olds who are serious about working with children and improving their leadership skills. CITs learn the value of teamwork, community service and decision making through activities and mentoring. The most important part of the CIT program is the hands on experience they will have working with campers, while being guided by the CIT Coordinator. Candidates are required to fill out a CIT application. Once the application is received, an interview will be scheduled.

Thank you for your interest in the Counselor in Training (CIT) program at YMCA Camp Greenknoll. Our goal is for all CITs to achieve, build relationships and always feel like they belong.

Once you become a CIT, you are no longer just a camper. From the moment you accept this responsibility we expect you to be a positive role model at camp, at the YMCA and in public, as you are a representative of YMCA Camp Greenknoll and the Y.

CITs will work with the CIT coordinator on team building, problem solving, role modeling and supervision, all while building a strong foundation as a future counselor. Part of the experience will be working within the assigned tribe; this will give you the opportunity to help younger campers achieve, build relationships and have a sense of belonging.

Acceptance into the program will be based on your completed application, two letters of recommendation and your interview. All CIT applicants must be 14 or 15 years old.

Thank You,

Sean Turner
School Age Program and Camp Director

sturner@regionalyymca.org

203.775.4444 ext. 103



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CIT Application

Name: _____

Address: _____ City: _____ State: ____ Zip: _____

Home Phone: _____ Cell: _____

School Attending: _____ Grade in the Fall: _____

Parent's Name: _____ and _____

1. There are a lot of things that you could be doing this summer. Why did you decide to apply to be a CIT at YMCA Camp Greenknoll?

2. Describe an achievement you are proud of and why it made you feel this way?

3. Please tell us about any clubs, sports or groups you belong to.

4. Volunteering experience - do you have any?

5. How would you handle it if a camper came to you and said "I don't like camp because I have no friends here"?



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6. Who is your role model and why?

7. What would say is your biggest weakness?

***IMPORTANT:** Two letters of recommendation must be enclosed with this application to complete the process. Letters of recommendation can come from anyone: teachers, coaches, mentors, team captain, guidance counselors, etc. Please - no letters from parents.

****** I have read and answered the questions above and feel that my participation as a CIT will enhance the program for staff, campers and other CITs. I will do my best to help others achieve, build relationships and have a sense of belonging. If I am accepted into the program, I understand the YMCA and/or YMCA Camp Greenknoll can ask me to leave the CIT program at any time. I understand that participating in the CIT program does not guarantee me future employment with YMCA Camp Greenknoll or the Regional YMCA.

Candidate's signature Date

Parent's signature Date

(Please print, sign and return in person or email to sturner@regionalymca.org)