

**REGIONAL YMCA
GYMNASIUM SCHEDULE**

**2 Huckleberry Hill Rd
Brookfield, CT 06804**



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5AM	Group X 5:45a-6:30a	Open Gym 5:30a-6:00a	Open Gym 5:30a-7:00a	Open Gym 5:30a-6:00a	Open Gym 5:30a-7:00a		
6AM	Open Gym 6:30a-7:00a	Pickleball 6:00a-7:30a		Pickleball 6:00a-7:30a			
7AM	Volleyball 7:00a-9:00a 1/2 Open Gym	1/2 Open Gym	Volleyball 7:00a-9:00a 1/2 Open Gym	1/2 Open Gym	Volleyball 7:00a-9:00a 1/2 Open Gym	Open Gym 7:00a-8:45a	Open Gym 7:00a-8:45a
8AM		Group X 7:45a-10:15a No Open Gym		Group X 7:45a-11:30a No Open Gym		Group X 8:45a-10:15a No Open Gym	Group X 8:45a-10:00a No Open Gym
9AM	Group X 9:00a-12:00p No Open Gym		Group X 9:00a-12:45a No Open Gym		Group X 9:00a-12:45p No Open Gym		
10AM		Open Gym 10:15a-12:30p				Youth Pickleball 10:30a-12:00p starts 10/14 No Open Gym	Open Gym 10:00a-1:00p
11AM				Open Gym 11:30a-12:30p		SN Basketball 10:30a-11:30a starts 10/28 No Open Gym	
12PM	Pickleball Clinic 12:30p-2:30p 1/2 Open Gym	Pickleball 12:30p-2:30p No Open Gym	Pickleball Clinic 12:30p-2:30p 1/2 Open Gym	Pickleball 12:30p-2:30p No Open Gym		Open Gym 12:00p-4:00p	
1PM	Open Gym 2:30p-3:30p		Open Gym 2:30p-4:30p		Open Gym 12:45p-4:30p		Pickleball 1:00p-3:00p
2PM		Open Gym 2:30p-4:30p		Open Gym 2:30p-3:30p			1/2 Open Gym
3PM	TEEN STRONG 3:30p-4:15p 1/2 Open Gym			TEEN STRONG 3:30p-4:15p 1/2 Open Gym			Open Gym 3:00p-4:00p
4PM	SACC 4:30p-5:30p 1/2 Open Gym		SACC 4:30p-5:30p 1/2 Open Gym	Open Gym 4:15p-5:45p			
5PM	PRE-TEEN STRONG 5:30p-6:00p 1/2 Open Gym	1/2 Open Gym	Open Gym 5:30p-7:00p	PRE-TEEN STRONG 5:45p-6:15p 1/2 Open Gym	Volleyball ages 13+ 4:30p-6:30p 1/2 Open Gym		
6PM	Group X 6:15p-7:30p No Open Gym	Group X 5:45p-7:00p No Open Gym		Group X 6:15p-7:30p No Open Gym	Open Gym 6:30p-7:00p		
7PM	Open Gym 7:30p-9:00p	PickUp Basketball 7:00p-9:00p No Open Gym	Volleyball 13+ 7:00p-9:00p 1/2 Open Gym	Open Gym 7:30p-9:00p			