Life Guard Certification

Be the future of Aquatics! Life guard certifications and re-certifications available from a Red Cross instructor.

COURSE DATES:

October 6th - 8th Oct 6: 4pm-7pm Oct 7: 9am-6pm Oct 8: 9am-6pm November 10th-12th Nov 10: 4pm -7pm Nov 11: 9am -6pm Nov 12: 9am -6pm January 12th - 14th Jan 12: 4pm-7pm Jan 13: 9am-6pm Jan 14: 9am-6pm February 23rd -25th Feb 23: 4pm -7pm Feb 24: 9am -6pm Feb 25: 9am -6pm

Life Guard Re-Certification Dates Oct 7: 9am-6 pm

- Nov 11: 9am-6pm Jan 13: 9am-6pm Feb 24: 9am-6pm
- Mar 23: 9am-6pm
- Apr 6: 9am-6pm
- May 4: 9am-6 pm
- June 8: 9am-6pm

March 22nd - 24th Mar 22: 4pm-7pm Mar 23: 9am-6pm Mar 24: 9am-6pm April 5th-7th Apr 5: 4pm -7pm Apr 6: 9am -6pm Apr 7: 9am -6pm May 3rd - 5th May 3: 4pm-7pm May 4: 9am-6pm May 5: 9am-6pm June 7th-9th Jun 7: 4pm -7pm Jun 8: 9am -6pm Jun 9: 9am -6pm

What will you need?

- Swimsuit
- Towel
- Goggles
- Pool shoes
- Snack

- CPR mask & Fanny Pack (recert only)

What is Provided?

- CPR mask (infant &adult)

REGIONAL YMCA OF WESTERN CONNECTICUT

2 Huckleberry Hill Road • 203-775-4444 x133 • ahall-heron@regionalymca.org



