



# CLASS SCHEDULE

2024

All Classes 45 minutes unless otherwise noted

\*subject to change without notice\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 AM Brian		5:45 AM Brian			8:00 AM Brian	8:00 AM Nick
		9:00 AM Nada		9:00 AM Nada	9:00am Kathy	9:00am Ramsay
6:00 PM Nick		6:15 PM Aimee	6:15 PM Ramsay			

RESERVATIONS MAY BE MADE ON OUR WEBSITE AND THROUGH THE YMCA APP 24 HOURS IN ADVANCE OF SCHEDULED CLASS.