

**REGIONAL YMCA  
GYMNASIUM SCHEDULE**

**2 Huckleberry Hill Rd  
Brookfield, CT 06804**



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5AM	<b>Open Gym</b> 5:30a-7:00a	<b>Open Gym</b> 5:30a-6:00a	<b>Open Gym</b> 5:30a-7:00a	<b>Open Gym</b> 5:30a-6:00a	<b>Open Gym</b> 5:30a-7:00a		
6AM		<b>Pickleball</b> 6:00a-7:30a		<b>Pickleball</b> 6:00a-7:30a			
7AM	<b>Volleyball</b> 7:00a-9:00a	1/2 Open Gym	<b>Volleyball</b> 7:00a-9:00a	1/2 Open Gym	<b>Volleyball</b> 7:00a-9:00a	<b>Open Gym</b> 7:00a-8:45a	<b>Open Gym</b> 7:00a-8:45a
8AM	1/2 Open Gym	<b>Group X</b> 7:45a-10:15a	1/2 Open Gym	<b>Group X</b> 7:45a-11:30a	1/2 Open Gym	<b>Group X</b> 8:45a-10:15a	<b>Group X</b> 8:45a-10:00a
		No Open Gym		No Open Gym		No Open Gym	No Open Gym
9AM	<b>Group X</b> 9:00a-12:00p		<b>Group X</b> 9:00a-12:45p		<b>Group X</b> 9:00a-12:45p		
	No Open Gym		No Open Gym		No Open Gym		
10AM		<b>Open Gym</b> 10:15a-12:30p				<b>SN Sports</b> 10:30a-11:30a	<b>Open Gym</b> 10:00a-1:00p
11AM				<b>Open Gym</b> 11:30a-12:30p		ends 2/18	
						1/2 Open Gym	
12PM	<b>Open Gym</b> 12:00p-12:45p	<b>Pickleball</b> 12:30p-2:30p	<b>Pickleball Clinic</b>	<b>Pickleball</b> 12:30p-2:30p		<b>Teen Volleyball</b> 11:30a-1:00p	
	<b>Pickleball Clinic</b> 12:45p-2:45p	No Open Gym	12:45p-2:45p	No Open Gym		ends 2/17	
1PM	2/12 & 2/26		2/14 & 2/28		<b>Pickleball</b> 1:00p-3:00p	1/2 Open Gym	<b>Pickleball</b> 1:00p-3:00p
	1/2 Open Gym		1/2 Open Gym		1/2 Open Gym	<b>Open Gym</b> 1:00p-4:00p	1/2 Open Gym
2PM	<b>Open Gym</b> 2:45p-3:30p	<b>Open Gym</b> 2:30p-4:30p	<b>Open Gym</b> 2:45p-4:30p	<b>Open Gym</b> 2:30p-3:30p	<b>Open Gym</b> 3:00p-4:30p		<b>Open Gym</b> 3:00p-4:00p
3PM	<b>TEEN STRONG</b> 3:30p-4:15p			<b>TEEN STRONG</b> 3:30p-4:15p			
	1/2 Open Gym			1/2 Open Gym			
4PM	<b>SACC</b> 4:30p-5:30p		<b>Youth</b> <b>Tri Training</b> 4:30p-6:00p	<b>SACC</b> 4:30p-5:30p			
	1/2 Open Gym	<b>Youth Basketball</b> 4:30p-5:30p	1/2 Open Gym	1/2 Open Gym	<b>Volleyball</b> <b>ages 13+</b> 4:30p-7:00p		
5PM	<b>PRE-TEEN</b> <b>STRONG</b> 5:30p-6:00p	1/2 Open Gym	<b>Open Gym</b> 6:00p-7:00p	<b>PRE-TEEN</b> <b>STRONG</b> 5:45p-6:15p	1/2 Open Gym		
	1/2 Open Gym			1/2 Open Gym			
6PM	<b>Group X</b> 6:15p-7:30p	<b>Group X</b> 5:45p-7:00p		<b>Group X</b> 6:15p-7:30p			
	No Open Gym	No Open Gym		No Open Gym			
7PM	<b>Open Gym</b> 7:30p-9:00p	<b>PickUp Basketball</b> 7:00p-9:00p	<b>Volleyball 13+</b> 7:00p-9:00p	<b>Open Gym</b> 7:30p-9:00p			
		No Open Gym	1/2 Open Gym				