



# JUMP INTO THE FAST LANE POWER LESSONS

The YMCA offers swim lessons for all ages. It is the YMCA's priority to teach water safety and life saving skills. Get Ready for summer swimming with Power Lessons. Power Lessons focus on consistency, providing 8 classes in 2 weeks. Children develop skills faster and can improve technique each day. Lessons will take place rain or shine. In the event of thunder or lightning the pool will close for 30 minutes after each detection.

## Mid-Day Lessons: Outdoor Pool

<b>SESSION 1:</b> June 18 - June 27 <u>Tuesday - Thursday</u> Level 1 - 12:00 - 12:30pm Level 2 - 12:35 - 1:05pm Level 3 - 1:10 - 1:40pm	<b>SESSION 2:</b> July 9 - July 18 <u>Tuesday - Thursday</u> Level 1 - 12:00 - 12:30pm Level 2 - 12:35 - 1:05pm Level 3 - 1:10 - 1:40pm	<b>SESSION 3:</b> July 23 - August 1 <u>Tuesday - Thursday</u> Level 1 - 12:00 - 12:30pm Level 2 - 12:35 - 1:05pm Level 3 - 1:10 - 1:40pm
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## Evening Lessons: Main Pool

<b>SESSION 1:</b> June 18 - June 27 <u>Tuesday - Thursday</u> Level 3 - 4:30 - 5:00pm Level 1 - 5:05 - 5:35pm Level 2 - 5:40 - 6:10pm Level 2 - 6:15 - 6:45pm Level 4 - 6:50 - 7:35pm	<b>SESSION 2:</b> July 9 - July 18 <u>Tuesday - Thursday</u> Level 3 - 4:30 - 5:00pm Level 1 - 5:05 - 5:35pm Level 2 - 5:40 - 6:10pm Level 2 - 6:15 - 6:45pm Level 4 - 6:50 - 7:35pm	<b>SESSION 3:</b> July 23 - August 1 <u>Tuesday - Thursday</u> Level 3 - 4:30 - 5:00pm Level 1 - 5:05 - 5:35pm Level 2 - 5:40 - 6:10pm Level 2 - 6:15 - 6:45pm Level 4 - 6:50 - 7:35pm
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### Registration:

<b>SESSION 1:</b> Member      May 6	<b>SESSION 2&amp;3:</b> Member      June 3
Non-Member    May 20	Non-Member    June 17

### Price:

<b>LEVEL 1-3:</b> Member      \$120	<b>LEVEL 4:</b> Member      \$132
Non-Member    \$240	Non-Member    \$264