



REGIONAL YMCA POOL SCHEDULE

Effective July 1, 2024

*Lane availability is subject to change.

LAP SWIM AVAILABILITY

*Must be able to swim unassisted and continuous laps, 13 years and over.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Pool	Lanes for the main pool may vary based on class schedule						
	5:30am-8:45pm	5:30am-8:45pm	5:30am-8:45pm	5:30am-8:45pm	5:30am-6:45pm	7am-3:45pm	7am-3:45pm
Outdoor Pool (YDEAC)	5-6:30am LC (6 Lanes) 12-1:45pm SC (3 Lanes S, 3 Lanes D) 5:30-8:30pm SC (4 Lanes S)	5-6:30am SC (12 Lanes S&D) 12-1:45pm SC (2 Lanes S, 3 Lanes D) 5:30-8:30pm LC (2 Lanes)	5-6:30am LC (6 Lanes) 12-1:45pm SC (2 Lanes S, 3 Lanes D) 5:30-8:30pm SC (4 Lanes S)	5-6:30am SC (12 Lanes S&D) 12-1:45pm SC (2 Lanes S, 3 Lanes D) 5:30-8:30pm LC (2 Lanes)	5-6am LC (6 Lanes) 12-1:45pm LC (3 Lanes) 4-7:45pm LC (3 Lanes)	10-12pm LC (6 Lanes) 12-3:45pm LC (4 Lanes)	10-12pm LC (6 Lanes) 12-3:45pm LC (4 Lanes)

GENERAL/FAMILY SWIM AVAILABILITY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Pool	1pm-8:45pm	12pm-6pm 7pm-8:45pm	1pm-8:45pm	12pm-6pm 7pm-8:45pm	12pm-6:45pm	12:15pm-3:45pm	12:15pm-3:45pm
Outdoor Pool (YDEAC)	12-1:45pm SC (3 Lanes S) 5:30-8:30pm SC (2 Lanes S)	12-1:45pm SC (3 Lanes S) 5:30-8:30pm LC (1 Lane)	12-1:45pm SC (3 Lanes S) 5:30-8:30pm SC (2 Lanes S)	12-1:45pm SC (3 Lanes S) 5:30-8:30pm LC (1 Lane)	12-1:45pm LC (2 Lanes) WIBIT 4-7:45pm LC (2 Lanes) WIBIT	12-3:45pm LC (2 Lanes)	12-3:45pm LC (2 Lanes)
Shallow Pool	1pm-8pm	12pm-5pm 6:45pm-8pm	1pm-8pm	9am-10am 12pm-8pm	9am-6:45pm	9am-3:45pm	9am-3:45pm

SC - Short Course (25 yards) LC - Long Course (50 Meters) S - Shallow Pool D - Deep Pool WIBIT - Inflatable Obstacle Course

Please Note: Swim Lessons have priority scheduling; lane availability subject to change.