



# FINANCIAL ASSISTANCE PROGRAM

Regional YMCA of Western Connecticut (updated 12/19/2024)

The Regional YMCA of Western Connecticut believes in providing memberships and programs for all. We provide financial assistance for all adults, teens, young adults, seniors, couples, single parent families and families who cannot afford the full cost of a Y membership.

Financial Assistance is available through the generosity of Y contributors. Our goal is to have sufficient funds to ensure our Y remains accessible through our Financial Assistance Program. Each application is reviewed on a case-by-case basis.

## 1. Regional YMCA of Western Connecticut Financial Assistance Application

Adults, teens, young adults, seniors, couples, single parent families and families may apply for financial assistance at any time. Applications are available at the YMCA Front Desk or may be downloaded from the [www.regionalyymca.org](http://www.regionalyymca.org) website. **Complete the form and return your application to the Greenknoll Branch of the Y.** Your information will be held in complete confidence and will be seen only by the necessary staff.

Financial assistance is provided to applicants who meet criteria established by the Regional YMCA of Western Connecticut. Recipients are expected to be responsible for a percentage of the membership cost. The financial information requested must be included with your application. Once the fully completed application is received, it will take approximately 30 days to be processed. You will be notified by mail or email of your application status.

## 2. Programs

For Family/Single Parent memberships, children are eligible for 35% financial assistance to cover the cost of one (1) class per child, per session. Assistance for these programs is given in addition to the membership. Assistance is not given just for classes.

There are a few programs that we are unable to provide financial assistance for, such as, but not limited to, personal training, private swim lessons, Nutrition, Special Events, etc.

## Frequently Asked Question about the YMCA Financial Assistance Policy

- **Who is Eligible?** The YMCA seeks to serve those individuals and families who would benefit from involvement in our membership and programs, but for various reasons are unable to pay for the services.
- **What programs are included?** Most YMCA programs can be included in our financial assistance program. This includes membership, and most of our sports, fitness and aquatic classes. Some specialty classes and those offered to YMCA participants by outside organizations are not included.
- **How much financial assistance will be awarded?** When determining what portion of your fees will be subsidized, we take into consideration your **total** household income, expenses, number of people in your family/household, and any special circumstances which affect your ability to pay.
- **How long does the assistance continue?** It covers 6 months; at which time it will be reviewed for another 6 months if usage warrants.

**APPLICATION** (please print clearly)

Date Application Submitted: \_\_\_\_\_ Applicant's DOB: \_\_\_\_\_  
Primary Applicants Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

**Please check best way to be reached: (Approval letters will be sent via email)**

By Email: \_\_\_\_\_ By Phone: \_\_\_\_\_

**Total number of persons living in household:**

Adult: \_\_\_\_\_ Children: \_\_\_\_\_

**Membership Type you are applying for:**

- \_\_\_\_ Adult Membership (26 years and older)
- \_\_\_\_ Teen (13 through 17 years of age)
- \_\_\_\_ Young Adult (18 through 26 years of age)
- \_\_\_\_ Senior (65 and older)
- \_\_\_\_ Senior Couple (2 adults, at least one being 65 or older, **living in the same household**)
- \_\_\_\_ Family (Up to 2 adults and all children **in the same household** through 21 years of age)
- \_\_\_\_ Adult Couple (2 adults living **in the same household**)

**Household members at the residence applying for assistance** (excluding primary):

Spouse: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Child's Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Child's Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Child's Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Child's Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**REQUIRED:** Please explain your reason for applying and any extenuating circumstances that apply to your family. This section will greatly help those reviewing your application. Please be sure to explain completely any circumstances in your household that warrant financial assistance.

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**Household Income Information**

**Income: Monthly amounts only**

\$ \_\_\_\_\_ Gross Monthly Income  
\$ \_\_\_\_\_ Other Adults Gross Monthly Income  
\$ \_\_\_\_\_ Child Support  
\$ \_\_\_\_\_ Alimony  
\$ \_\_\_\_\_ Food Stamps  
\$ \_\_\_\_\_ Unemployment  
\$ \_\_\_\_\_ Social Security/Disability  
\$ \_\_\_\_\_ Temporary Financial Assistance (TFA)  
\$ \_\_\_\_\_ Other (please explain)  
\$ \_\_\_\_\_ **Total Monthly Income**

**Expenses: Monthly amounts only**

\$ \_\_\_\_\_ Rent/Mortgage  
\$ \_\_\_\_\_ Auto/Payments  
\$ \_\_\_\_\_ Utilities/ Phone  
\$ \_\_\_\_\_ Groceries/ Food  
\$ \_\_\_\_\_ Child Support  
\$ \_\_\_\_\_ Medical Expenses  
\$ \_\_\_\_\_ Child Care  
\$ \_\_\_\_\_ Alimony  
\$ \_\_\_\_\_ Other (please explain)  
\$ \_\_\_\_\_ **Total Monthly Expenses**

By completing this application and signing it, I certify that the information supplied herein, and the supporting documents submitted, are true, accurate, and complete to the best of my knowledge. I agree to inform the Regional YMCA immediately of any change in my household income. I understand that I may lose all Regional YMCA privileges for false or incomplete information. I understand that this application expires annually, and I must reapply to continue receiving assistance.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**INCOMPLETE APPLICATIONS WILL NOT BE REVIEWED.**

If you have any questions, contact Membership Dept./Financial Assistance at 203.775.4444 x110

**FOR OFFICE USE ONLY:**

Percentage Granted: \_\_\_\_\_

Date Notified: \_\_\_\_\_

Offer Expiration Date: \_\_\_\_\_