

REGIONAL YMCA
GYMNASIUM SCHEDULE

2 Huckleberry Hill Rd
Brookfield, CT, 06804



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5AM	Open Gym 5:30a-6:00a	Open Gym 5:30a-7:45a	Open Gym 5:30a-6:00a	Open Gym 5:30a-7:45a	Open Gym 5:30a-7:00a			
6AM	Pickleball Ages 13+ 6:00a-7:00a 1/2 Open Gym		Pickleball Ages 13+ 6:00a-7:00a 1/2 Open Gym					
7AM	Volleyball 7:00a-9:00a 1/2 Open Gym		Volleyball 7:00a-9:00a 1/2 Open Gym					
8AM		Group X 7:45a-11:30a No Open Gym		Group X 7:45a-11:30a No Open Gym	1/2 Open Gym	Open Gym 7:00a-7:45a	Open Gym 7:00a-8:45a	
9AM	Group X 9:00a-12:00p No Open Gym		Group X 9:00a-12:45p No Open Gym		Group X 9:00a-12:45p No Open Gym	Group X 7:45a-9:00a No Open Gym		Group X 8:45a-10:00a No Open Gym
10AM		Open Gym 10:15a-12:30p					Open Gym 10:00a-1:00p	
11AM								
12PM	Open Gym 12:00p-6:15p			Open Gym 11:30a-12:30p				
1PM		Pickleball Ages 13+ 12:30p-2:30p No Open Gym	Open Gym 12:45p-5:30p	Pickleball Ages 13+ 12:30p-2:30p No Open Gym		Open Gym 12:15p-4:00p		
2PM					Pickleball Ages 13+ 1:00p-3:00p 1/2 Open Gym			Pickleball Ages 13+ 1:00p-3:00p 1/2 Open Gym
3PM			Open Gym 2:30p-4:30p		Open Gym 2:30p-4:30p			Open Gym 3:00p-4:00p
4PM			SACC 4:30p-5:00p 1/2 Open Gym		SACC 4:30p-5:00p 1/2 Open Gym	Volleyball Members 13+ 4:30p-7:00p 1/2 Open Gym		
5PM		Open Gym 5:00p-7:00p		Open Gym 5:00p-6:15p				
6PM			Swim Team 5:30p-6:00p 1/2 Open Gym					
7PM	Group X 6:15p-7:30p No Open Gym		Open Gym 6:00p-7:00p	Group X 6:15p-7:30p No Open Gym				
8PM	Open Gym 7:30p-9:00p	Pickup Basketball 7:00p-9:00p No Open Gym	Volleyball Members 13+ 7:00p-9:00p 1/2 Open Gym	Open Gym 7:30p-9:00p				
9PM								