



Regional YMCA of Western Connecticut  
YMCA Camp Greenknoll

YOUTH CAMP HEALTH EXAM/RECORD

FAX: 860-915-7002

- ☐ CAMPERS  
☐ STAFF

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_

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**TO BE COMPLETED BY THE HEALTH CARE PROVIDER**

**Date of Physical Exam** \_\_\_\_/\_\_\_\_/\_\_\_\_

Physical exams are valid for 36 months from  
the date listed.

May participate in all camp activities ☐ YES ☐ NO

May participate except for: \_\_\_\_\_

**Does the individual have any disabilities or special health care needs such as allergies, special dietary needs?** ☐ YES ☐ NO If yes, please explain:  
\_\_\_\_\_  
\_\_\_\_\_

**NOTE:** If the camper has a special health care need or disability that requires special care be taken or provided during the time the individual is at camp, an **Individual Plan of Care** shall be developed with the parent and health care provider and updated as necessary. The plan shall include appropriate care of the camper in the event of a medical or other emergency and **signed by the parent** and staff responsible for the care of the camper.

**Are there any prescription or over the counter medication(s) this individual needs to take while at camp?**  
☐ YES ☐ NO If yes, indicate names of medication(s):  
\_\_\_\_\_

**NOTE: ANY MEDICATIONS (prescription or OTC) THAT ARE TO BE ADMINISTERED AT CAMP MUST BE ACCOMPANIED BY AN AUTHORIZATION FOR THE ADMINISTRATION OF MEDICATION FORM COMPLETED AND SIGNED BY A PHYSICIAN AND A PARENT/GUARDIAN.**

\*Authorization for the Administration of Medication form can be found at [regionallymca.org](http://regionallymca.org)

If camper/staff is school aged or younger, have they been immunized in accordance with the schedule adopted by the Commissioner of Public Health pursuant to section 19a-7f of the Connecticut General Statutes. *If applicable this form must be accompanied by immunization records.*

Additional Comments:  
\_\_\_\_\_  
\_\_\_\_\_  
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Printed Name of Health Care Provider: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Signature of Physician, PA, APRN or RN \_\_\_\_\_ Date Form Signed: \_\_\_\_\_