



**FOR YOUTH DEVELOPMENT®**  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

The YMCA Camp Greenknoll Counselor-in-Training (CIT) Program offers 14- and 15-year-olds a hands-on opportunity to develop leadership, teamwork, and childcare skills. Through a combination of discussions, observations, and supervised activities, CITs learn responsibility and professionalism while assisting in camp programs.

Designed for youth ages 14–15, the CIT program focuses on leadership development, job training, community service, and mentorship. Participants earn community service hours by supporting camp activities and directly engaging with campers. Under the guidance of the CIT Coordinator, CITs receive mentorship that helps them build skills in working with preschool and elementary-aged children.

This program provides valuable experience for future goals, including college and career preparation, while creating meaningful memories for both participants and campers. CITs gain personal growth in leadership, responsibility, and teamwork, practical experience in childcare, mentorship, and community service—all foundational skills for future success.

**Please note:** Completing this application does not guarantee placement in the CIT program.

Sean Turner  
School Age Program and Camp Director  
[sturner@regionalmca.org](mailto:sturner@regionalmca.org)  
203.775.4444 ext. 103



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### Counselor In Training Application (CIT)

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

School Attending: \_\_\_\_\_ Grade in the Fall: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Parent Phone: \_\_\_\_\_

Parent Email: \_\_\_\_\_

1. What interests you most about becoming a Counselor in Training at Camp Greenknoll?

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2. What does being a leader mean to you?

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3. What do you hope to learn from this experience?

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4. How do you think being a CIT will help you in the future?

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5. What strengths do you have that will help you succeed in this role?

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6. Why do you want to work with children?

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7. Is there anything else you'd like us to know about you?

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I have read and answered the questions above and feel that my participation as a Counselor in Training will enhance the program for staff, campers and other CITs. I will do my best to help others achieve, build relationships and have a sense of belonging. If I am accepted into the program, I understand the YMCA and/or YMCA Camp Greenknoll can ask me to leave the CIT program at any time. **I understand that participating in the CIT program does not guarantee future employment with YMCA Camp Greenknoll or the Regional YMCA.**

Applicant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardians Signature: \_\_\_\_\_ Date: \_\_\_\_\_